



# Wellness Resource Services

[wellness@sctcc.edu](mailto:wellness@sctcc.edu) | [sctcc.edu/wellness](http://sctcc.edu/wellness) | 320-308-5096

Wellness Resource Services is here to provide non-academic support and short-term mental health services to help improve personal wellness and academic success.

Through direct services, referral and coordination with on-campus and off-campus resources, we help students to gain access, information, and support to address specific needs while promoting autonomy and empowerment.

## Meet Our Staff



### Carly Reyes

Student Support Manager  
[carly.reyes@sctcc.edu](mailto:carly.reyes@sctcc.edu)  
320-308-5096  
1-401C

### Make an Appointment

for non-academic support.  
Visit [sctcc.edu/cyclones-support](http://sctcc.edu/cyclones-support) for more information.



### Jeanna Franklin, MS, LPCC

Mental Health Professional  
[jeanna.franklin@sctcc.edu](mailto:jeanna.franklin@sctcc.edu)  
320-308-5006  
1-401B

### Make an Appointment

for mental health services.  
Visit [sctcc.edu/mental-health-services](http://sctcc.edu/mental-health-services) for more information.



## How We Can Help

### Non-Academic Student Support

We provide support for non-academic challenges students face that may interfere with their ability to be successful at college.

Some areas we provide support include:

- Food
- Housing
- Transportation
- Pregnancy, Parenting, and Childcare
- Financial Assistance (including emergency grants)
- Relationship Concerns, Domestic Violence, and Sexual Assault
- General Well-being & Success Support

### Mental Health Services

There is no additional cost for students to meet with our mental health professional.

Services include:

- Short-term Counseling
- Consultation
- Referrals for Community Services
- Crisis Intervention
- Presentations for Employees and Students on Topics Related to Mental Health
- Faculty/Staff Resources on Mental Health are Available at [sctcc.edu/mental-health-resources](http://sctcc.edu/mental-health-resources)



**988 Suicide Prevention & Crisis Support**  
988 (call or text)



## Have a Student You Are Concerned About? Let Us Know!

Find more information on how to support students and complete a Cyclones CARE Form at [sctcc.edu/cyclones-care](http://sctcc.edu/cyclones-care).